



SASSY DIP (OR TOPPING)

- $\frac{2}{3}$ cup fat free sour cream
- 2 tsp **TSG Southwestern Kick Seasoning Blend**
- 1 green onion, finely chopped

Stir together ingredients. Use as a dip with tortilla chips, fresh veggies, chicken fingers, shrimp, etc. Or dollop on baked potatoes, swirl into soups, or stir into macaroni & cheese or macaroni salad.

APPETIZER OR SNACK